A Tribute to Robert E. Scully, M.D.
Discovery of a Cell
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“There is only one person you (RJK) want to work with if you are interested in gynecologic pathology and that is Bob Scully”. That was the first time I heard of Dr. Scully and that advice was given to me by Dr. William Ober, himself a highly accomplished gynecologic pathologist. He and Dr. Scully had been residents together at the Boston Hospital for Women (now the Brigham and Women’s Hospital) and remained friends and colleagues ever since. I spent the summer working with Dr. Ober between my third and fourth year of medical school and he sparked my interest in pathology and specifically gynecologic pathology. This “introduction” began a relationship with Bob Scully, my teacher, mentor, colleague and close friend that lasted over 40 years.

The prodigious and seminal contributions that Dr. Scully made to ovarian pathology are well known but what is not as well appreciated were his equally important contributions to every area of gynecologic pathology including gestational trophoblastic disease, the subject of this essay.

I began my fellowship training with Dr. Scully in July 1971. One day he showed me slides from endometrial curettings performed on a young woman with an enlarged uterus who was presumed to have had a missed abortion. The slides had been previously reviewed by a number of consultants and various diagnoses rendered, including leiomyosarcoma, nonspecific uterine sarcoma and atypical choriocarcinoma but it was Dr. Scully’s opinion that the lesion was benign and represented an exaggerated form of so-called “syncyntial endometritis”. He recalled having seen 2 or 3 similar cases (one of which was sent to him by Dr. Ober who had reported the case as “myosarcoma with gonadotropin-secreting cells” [1] and one case illustrated in the First Series AFIP fascicle [2] by Drs. Arthur Hertig and Hazel Gore. He also recalled having been shown a similar case on a visit to the Armed Forces Institute of Pathology (AFIP). In 1973 I was assigned to the Gynecologic and Breast Pathology Department of the AFIP which at that time was under the direction of Dr. Henry Norris. A review of the files of tumors classified as leiomyosarcoma and choriocarcinoma led to the identification of additional cases and resulted in a series of 12 cases. Because it was not clear that this was a trophoblastic lesion (only 4 of the women had a positive pregnancy test which at that time was not nearly as sensitive as the current assay) we performed immunohistochemistry to attempt to localize hCG in the tissue sections. Parenthetically, immunohistochemistry in surgical pathology in the mid-1970s in was in its
infancy. With the assistance of Dr. Robert Colvin who was fulfilling his military obligation at the Walter Reed Army Institute of Research (across the street from the AFIP) we first attempted to perform immunofluorescence on paraffin embedded fixed tissue using an antibody against the beta subunit of hCG provided by Dr. Judy Vaitukaitus at the NIH because commercial antibodies against hCG were not available at that time. Unfortunately, we could not visualize anything due to the intense autofluorescence of the fixed tissue. We then decided to try a newly described technique (immunoperoxidase) and were able to localize hCG in individual cells in the tumor in 10 of the 12 cases. An analysis of the outcome on the 12 patients revealed that except for one woman who died following uterine perforation at the time of a curettage, the remaining 11 patients were alive and well. Because of what appeared to be an excellent outcome the lesion was reported as “trophoblastic pseudotumor of the uterus” [3]. This illustrates the problem of small sample size because subsequently it was found that on occasion the tumor behaved in an aggressive fashion [4] and therefore the term “trophoblastic pseudotumor” was replaced by “placental site trophoblastic tumor (PSTT)” [5].

The detection of hCG within the “trophoblastic pseudotumor” led to a systematic immunohistochemical analysis of placental tissue throughout gestation and various forms of trophoblastic disease with antibodies against hCG and placental lactogen (hPL). It was found in a study of early implantation sites that the cells at the implantation site bore a striking resemblance to the cells in PSTT and furthermore that hPL rather than hCG was present in the majority of the cells. A similar immunohistochemical staining pattern was found in PSTTs thereby linking the cells at the implantation site with PSTTs.

At that time it was thought that trophoblast was composed of two distinct populations of cells, cytotrophoblast and syncytiotrophoblast. The cells that comprised the implantation site and PSTTs were morphologically quite different. They varied in appearance from decidual-like cells to spindle shaped cells resembling smooth muscle and when lining vascular spaces they mimicked endothelium. Consequently, it was not surprising that the tumors were initially thought to be an unusual type of leiomyosarcoma but the immunohistochemical detection of placental proteins (hCG and hPL) indicated they were trophoblastic. The cells comprising the tumor were mononucleate but larger than cytotrophoblast and demonstrated a different immunohistochemical profile from cytotrophoblast, which is negative for both markers. They also different both in their morphologic and immunohistochemical phenotype from
syncytiotrophoblast, which is strongly positive for hCG and weakly positive for hPL early in gestation and in choriocarcinoma. Thus, these cells had characteristics that were “intermediate” between cytotrophoblast and syncytiotrophoblast and were designated “intermediate trophoblast (IT)” [6]. At the implantation site IT cells represent the dominant cellular population and extensively infiltrate the endomyometrium. The process had been initially termed “syncytial endometritis” but since most of the cells are mononucleate and the process is not inflammatory it was subsequently renamed “exaggerated placental (implantation) site (EPS)” [7].” A few years later a review of Dr. Scully’s consultation files by Dr. Young led to the discovery of another trophoblastic lesion termed “placental site nodule and plaque (PSN)”[8]. It was thought to also be derived from IT but its morphologic and immunohistochemical features differed from those of EPS and PSTT.

In 1996 Dr. Ie-Ming Shih joined me in the pathology department at Johns Hopkins and we undertook a comprehensive series of studies correlating the morphology, immunohistochemical and molecular genetic features of implantation sites in the early stages of gestation, trophoblastic tumors and tumor-like lesions. The discussion that follows will briefly summarize the advances that have occurred since that time in elucidating our understanding of normal trophoblastic development and relate them to the pathogenesis and classification of trophoblastic tumors and tumor-like lesions with the focus on IT. This is not intended to be a comprehensive review of the literature but rather a description of the work that Dr. Shih and I have done as continuing the line of research initiated by Dr. Scully.

**Subpopulations of trophoblast. Differentiation pathways**

In the human placenta, the trophoblast growing on chorionic villi is referred to as “villous trophoblast”, whereas the trophoblast in all other locations is termed “extravillous trophoblast”. Villous trophoblast is composed for the most part of cytotrophoblast (CT) and syncytiotrophoblast (ST) with small amounts of intermediate trophoblast (IT) whereas the extravillous trophoblast is almost exclusively composed of IT. The CT or Langhans’ cell is the germinative trophoblastic cell on the surface of chorionic villi. In early gestation, CT differentiates along two pathways - villous and extravillous. On the villous surface, CT fuses directly to form ST. The differentiation of CT into ST is accompanied by complete loss of proliferative activity [9, 10]. The second pathway of differentiation of CT occurs at the distal end of the villus that makes contact with the placental bed. These villi, are termed “anchoring villi”
and they are composed of trophoblastic columns in which CT merges imperceptibly into IT and then ST. The IT cells in the trophoblastic columns are termed “villous IT”. At the base of trophoblastic column where it makes contact with the endometrium, IT infiltrates the decidua and myometrium and invades and replaces the distal ends of the spiral arteries of the implantation site to establish the maternal/fetal circulation. This differentiation pathway is accompanied by active gene transcription and translation that regulates the functional activity of IT. For example, CD146 (Mel-CAM) is gradually expressed by IT cells as they migrate from the trophoblastic column and infiltrate the placental site. In contrast, the proliferative activity of villous IT gradually decreases as the cells move away from the villi [10]. This subpopulation of IT in the implantation site is designated “implantation site IT” [12,13]. Although these IT cells extensively infiltrate the placental bed, they do not demonstrate proliferative activity. Some mononucleate implantation site IT cells fuse into multinucleated cells which are terminally differentiated. In contrast, IT away from implantation site (the chorion frondosum) differentiates into “chorionic-type IT”. At around 20 weeks of gestation the expanding gestational sac obliterates the endometrial cavity and the chorion frondosum fuses with the decidua parietalis to form the chorion laeve. As the surface area of the chorionic laeve increases towards term, the chorionic-type IT appears to proliferate at a low level throughout gestation. The trophoblastic cells in the trophoblastic shell, trophoblastic islands, and placental septae appear to be related to the implantation site IT and therefore all of these are considered subpopulations of IT. Besides the anatomic location and cell morphology, the different subpopulations of IT are characterized by distinctive gene expression profiles as revealed by immunohistochemistry [10, 11]. For example, villous IT exclusively expresses HNK-1 carbohydrate moiety which is not expressed by other subtypes of IT [14]. In contrast, almost all implantation site IT cells express CD146 (Mel-CAM) and hPL and most chorionic-type IT express p63 and placental alkaline phosphatase [11,13]. These immunohistochemical markers not only shed light on the biology of the different types of IT but the antibodies that react with these markers provide useful reagents to dissect the lineage and molecular pathogenesis of the various types of gestational trophoblastic disease (GTD) [12].
**Subpopulations of trophoblast. Functional aspects**

**Cytotrophoblast** is the trophoblastic stem cell and is located on the villous surface. Cytotrophoblast expresses epidermal growth factor receptor (EGF-R) which binds to EGF secreted by the decidua [15]. It has been postulated that paracrine-like mechanism EGF-R and its ligand may provide persistent growth stimulation for CT [16]. As discussed previously, CT differentiates along two pathways. Along one CT proliferates and fuses to form the overlying ST. This process results in expansion of the surface area of chorionic villi in the developing placenta. In the second pathway, CT differentiates into villous IT in the trophoblastic columns and then into implantation site IT in the placental site or chorionic-type IT in the chorion leaf [12]. The mechanisms underlying the differentiation of CT are largely unknown [15,17].

**Syncytiotrophoblast** (ST) is composed of terminally differentiated cells which synthesize and secrete a variety of pregnancy-associated hormones including hPL, SP-1 and hCG that are thought to be critical in the establishment and maintenance of pregnancy. In addition to its role as an endocrine organ, the ST is bathed in maternal blood and is responsible for the exchange of oxygen, nutrients and a variety of metabolic products between the mother and fetus.

**Villous Intermediate Trophoblast cells** proliferate in the proximal portion of trophoblastic columns and serve as the source from which implantation site and chorionic-type IT are derived. In addition, villous IT cells may play an important role in maintaining the structural integrity of the villi that anchor the placenta to the decidua. It is speculated that HNK-1 carbohydrate moiety expressed on the surface of the villous IT may contribute to intercellular cohesion in the trophoblastic columns which counteract the mechanical shearing forces resulting from fetal movements and the turbulence created by the pulsatile blood flow in the placental bed [14].

**Implantation Site Intermediate Trophoblast** has as a major function to establish the maternal-fetal circulation by invading the spiral arteries in the endomyometrium during early pregnancy [18]. It has been suggested that the mechanisms underlying trophoblastic invasion are similar to those involved in tumor cell invasion [19,20]. For example, proteases are responsible for matrix degradation and tissue remodeling, a prerequisite for trophoblastic migration and invasion. Loss of E-cadherin expression is closely associated with the infiltrative phenotype of implantation site IT [21]. Expression of growth factors and their receptors constitutes a unique molecular mechanism regulating trophoblastic behavior and cell-to-cell communication.
(autocrine or paracrine) including cellular migration, proliferation and differentiation. Expression of cell adhesion molecules is important for trophoblastic migration in different extracellular substrates and for cross-talk between trophoblastic cells and their microenvironment. For example, it has been demonstrated that CD146 (Mel-CAM), expressed by implantation site IT cells, binds to its putative ligand on the surface of smooth muscle cells and the Mel-CAM-ligand interaction confers a stationary phenotype on trophoblastic cells, limiting their invasion into the superficial portion of myometrium [13].

Unlike malignant tumors, the invasion of implantation site IT is tightly regulated, confined spatially to the implantation site and limited temporally to early pregnancy [16,18,22,23]. While extensively infiltrating the endometrium of the basal plate, the implantation site IT invade only the inner third of the myometrium in the first trimester, decreasing to less than 10% of the myometrium by term. Although the molecular mechanisms underlying the control of trophoblastic invasion are unclear, the invasive process can be modulated by both the trophoblast and the local microenvironment [16,22,24]. Fusion of mononucleate implantation site IT cells into multinucleated cells leads to the loss of their invasive and migratory phenotype.

Another feature that distinguishes non-neoplastic trophoblastic cells from tumor cells is their pattern of cellular proliferation. The differentiation of implantation site IT is accompanied by a decrease in cellular proliferation in contrast to the uncontrolled proliferation in malignant neoplasms. Indeed, implantation site IT cells are negative for Ki-67, a proliferation marker, and are positive for several proteins which are involved in the arrest of cell cycle progression including p21WAF1/CIP1 [25] and p57kip-2 [26].

Spiral arteries at the implantation site are the targets for invasion by implantation site IT. The mechanisms that are responsible for the tropism of implantation site IT to the spiral arteries and not to other structures are unclear; one postulate is that the oxygen gradient may be a cue. The trophoblastic invasion into the vascular wall is associated with abundant deposition of extracellular matrix which eventually replaces the entire smooth muscle layer of spiral arteries, resulting in the transformation of the arteries to large-caliber and low-resistant vascular channels. This unique feature of vascular invasion is not only observed in the normal placental site but also in the placental site trophoblastic tumor. Implantation site IT also replaces the lining endothelial cells of the distal ends of the spiral arteries (an epithelial-endothelial transdifferentiation) characterized by the acquisition of several endothelial markers including VCAM-1, VE-cadherin,
integrin, [27] and CD146 (Mel-CAM) [28] all of which are expressed by endothelial cells. Accordingly, the term “trophoblast pseudo-vasculogenesis” has been proposed to describe this unique differentiation pathway of implantation site IT [27,29]. Some of the implantation site IT cells that invade the spiral arteries migrate along the vascular wall in a retrograde fashion to reach the spiral arteries beyond the implantation site in the myometrium. The intravascular implantation site IT cells tend to form trophoblastic aggregates which act like valves or a sieve to control the blood flow in the trophoblast-modified spiral arteries. The process of aggregation is associated with the expression of NCAM and E-cadherin which may be responsible for the enhanced intercellular cohesion among cells in trophoblastic aggregates in the spiral arteries, a view supported by a study in which the E-cadherin gene was introduced into an E-cadherin negative implantation site IT cell line, IST-1, resulting in a stationary and cohesive phenotype of IST-1 cells in culture [21].

**Chorionic-type Intermediate Trophoblast** The functional role of chorionic-type IT cells remains speculative. Unlike the implantation site IT, the chorionic-type IT proliferates throughout gestation as the total surface area of fetal membrane increases. Chorionic-type IT may contribute to the synthesis of extracellular matrix which is required to maintain the tensile strength of the fetal membrane [30]. It is also possible that chorionic-type IT acts as a biological and mechanical barrier to the maternal immune system and is important for fetal allograft survival.

**Classification of Gestational Trophoblastic Disease**

Prior to the publication of the trophoblastic pseudotumor, the classification of gestational trophoblastic disease consisted of hydatidiform mole (complete, partial and invasive), choriocarcinoma and syncytial endometritis. Since the recognition of IT the classification has been expanded to include placental site trophoblastic tumor, epithelioid trophoblastic tumor and placental site nodule. In addition syncytial endometritis has been replaced by a more accurate term “exaggerated placental (implantation) site”[7].

**Pathology of tumors and tumor-like lesions of trophoblast**

In this discussion the focus will be on various trophoblastic lesions that were described based on the discovery of IT. Accordingly, hydatidiform moles and choriocarcinomas which were well established entities prior to that discovery are not included.
**1-Placental Site Trophoblastic Tumor (PSTT)**

This trophoblastic tumor is a relatively uncommon form of gestational trophoblastic disease (GTD) composed of neoplastic implantation site IT cells. Patients usually are in the reproductive age group and can present with either amenorrhea or abnormal bleeding, often accompanied by uterine enlargement [31,32]. They frequently are thought to be pregnant. Microscopically, PSTT resembles the trophoblastic infiltration of the endometrium and myometrium of the placental site during early pregnancy (Figure 1). The predominant cell type in PSTT is implantation site IT based on the morphological and immunohistochemical features [28,33]. PSTT is generally benign but behaves in an aggressive fashion in approximately 15% of cases [34]. With the use of chemotherapy most patients with PSTT can be cured [35].

Based on genotyping using fluorescent microsatellite markers, Fisher et al. was able to confirm that PSTT is gestational in origin because paternal genomic contribution is present in all cases [36-38]. Immunohistochemistry has also played an important role in delineating the pathogenesis of PSTT. PSTT is diffusely positive for hPL and CD146 (Mel-CAM), but rarely positive for hCG, p63 or HNK-1, an immunophenotype characteristic of implantation site IT. Accordingly, PSTT represents neoplastic transformation of implantation site IT [12,28]. PSTT is associated with abnormal expression of cell cycle regulatory gene products including cyclins, cyclin-dependent kinases, and p53 [39].

**2-Epithelioid Trophoblastic Tumor (ETT)**

This is an uncommon type of trophoblastic tumor that is distinct from PSTT and choriocarcinoma with features resembling a carcinoma. Patients are usually in their reproductive ages and commonly present with vaginal bleeding [40]. Microscopically, ETTs are nodular and generally well circumscribed although focal infiltrative features can be present at the periphery. The tumors are composed of a relatively uniform population of chorionic-type IT cells typically arranged in nests and cords and masses of cells that are intimately associated with an eosinophilic, fibrillar, hyaline-like material and necrotic debris. The extensive areas of necrosis that surround islands of viable tumor cells create a “geographic” pattern of necrosis (Figure 2). Typically, a small blood vessel is located in the center of tumor nests. For the most part, ETTs behave in a benign fashion but metastasis and death occurs in approximately 25% and 10% of patients, respectively [40-43].
The molecular features of ETTs are largely unknown since this tumor is relatively uncommon and has only been relatively recently recognized. Although the gestational origin of ETTs has not yet been demonstrated, the immunohistochemical studies suggest that they are related to chorionic-type IT. Besides cytokeratin, epithelial membrane antigen, E-cadherin, and epidermal growth factor receptor that are consistent with their epithelial origin, all the tumors are positive for placental alkaline phosphatase and p63 but only focally positive for hPL, hCG and CD146 (Mel-CAM), an immunophenotype identical to that in chorionic-type IT [11,40]. The immunophenotype of the ETT contrasts with the PSTT which is diffusely positive for CD146 (Mel-CAM) and hPL. The mean Ki-67 labeling index in ETTs is 17.7 ± 4.5% (mean ± standard deviation) with a range from 10% to 25%. Because placental site nodules (PSNs) are also composed of chorionic-type IT, it has been hypothesized that some placental site nodules may represent an intermediate stage in tumor progression to ETTs. This view is supported by our observations that PSNs have features intermediate between typical placental site nodules and ETTs and that in some cases this is an intimate association of some ETTs with placental site nodules [11,40].

3-Exaggerated Placental Site (EPS)

The exaggerated placental site is a benign non-neoplastic lesion characterized by an increased number of IT cells that extensively infiltrate the endometrium and underlying myometrium (Figure 3). The EPS can occur in a normal pregnancy or an abortion from the first trimester [12]. The incidence is approximately 1.6% of spontaneous and elective abortions from the first trimester. The trophoblastic cells in an EPS display an identical morphologic and immunophenotypic profile to the implantation site IT cells in the normal placental site. The constituent cells contain abundant eosinophilic cytoplasm with hyperchromatic and irregular nuclei. In addition they are strongly positive for CD146 (Mel-CAM) and hPL, moderately positive for EGF-R and E-cadherin, and negative for Ber-EP4, EMA, HNK-1, and NCAM. These findings indicate that the differentiation of IT is unaltered in an EPS, and supports the view that an EPS is a normal variation of an implantation site [12,28,31]. Despite the profuse infiltration of IT in an EPS, the Ki-67 indices of IT are near zero, suggesting that the increased number of IT in EPS is probably not the result of de novo proliferation of IT in the implantation site [5]. The precise mechanism underlying the exaggerated number of IT in EPS remains
unclear, but may be due to rapid cell cycle progression of IT in the trophoblastic columns or the suppression of apoptosis of IT in the deep implantation site.

4-Placental Site Nodule (PSN)
These lesions are composed of small, well circumscribed nodular aggregates of chorionic-type IT cells that are embedded in a hyalinized stroma (Figure 4). Placental site nodules are benign non-neoplastic lesions and are typically incidental findings in uterine curettings, cervical biopsies and occasionally in hysterectomy specimens [11,44,45]. Because of their small size and circumscription, the lesions are usually removed completely by the surgical procedure that led to their discovery. Neither local recurrence nor progression to persistent GTD has been documented in placental site nodules [8,11]. Accordingly, no treatment or follow-up is necessary.

Placental site nodules have been thought to represent a portion of uninvolved placental site from remote gestations in the uterus. However, the constituent cells in PSNs are morphologically more closely related to the IT of chorion laeve (chorionic-type intermediate trophoblast) than to the IT of the placental site (implantation site IT cells) [11]. In addition, the trophoblastic cells in the PSN exhibit an immunophenotype similar to that of trophoblastic cells in the chorion laeve but distinct from the implantation site IT. They react with antibodies against cytokeratin, epithelial membrane antigen (EMA), pregnancy-specific SP-1, placental alkaline phosphatase (PLAP), and inhibin-a [46-48]. Most PSNs also express the “classical” IT markers including hPL, CD146 (Mel-CAM), and mucin-4 although only in a small number of cells [11]. The above findings suggest that PSNs are derived from chorionic-type IT.

In summary, Dr Scully’s acute powers of observation played a critical role in the discovery of IT which opened a new area of investigation leading to a deeper understanding of placentation and to the development of a new classification of trophoblastic tumors and non-neoplastic trophoblastic proliferations. The field of gynecologic pathology has been forever changed by his contributions.
References


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